

Dr. Hélène Nau moved to the United States in 2010 from Haiti, where

she built from the ground up and ran the only emergency room in her country. She was the only trained emergency medical provider on the island until the devastating earthquake on January 12, 2010. She earned her BSN Magna Cum Laude from Chamberlain College of Nursing in 2015, pursued her MSN with a concentration in Family Medicine at Chamberlain University and graduated in 2017 with distinction. She completed her DNP at Frontier University in March 2020.

Dr. Hélène Nau is a John Maxwell Certified Coach, Teacher, Trainer and Speaker who provides leadership, mentoring and perspective. She believes in adding value to others and being an instrument of care.

An emergency RN, first responder and medical reserve corps for Broward County and Miami-Dade since 2009, she is Advanced Trauma, Acute Care And Basic Life Support certified. She has always served in critical environments and natural disaster-affected sites.

She is the recipient of the Volunteer of the Year Award in Broward County in 2014 and 2015 and the Pearl Of Nursing Award from Pearls of Life Women Foundation in 2020. She is a Board Member for CapraCare, a non-profit organization dedicated to developing sustainable health programs for children and their families living in Haiti.

Her focus is to deliver care to those who otherwise would not have access to it due to their immigration or financial status. She is an outspoken cancer fighter who promotes early detection. She is a disruptive innovator, bold in her moves and decisions to implement change.

She opened her practice HEALTH360 with the mission to deliver affordable and accessible quality care. Keeping you and your family healthy is her mission. Her areas of expertise are Pediatrics, Women's Health, Men's Health, Adult Medicine, Geriatrics, Alternative Medicine and Emergency Medicine. She is a member of the Emergency Nurses Association, Haitian-American Nurses Association, Black Nurse Practitioners of Palm Beach County, AANP and Sigma Theta Tau International Honor Society . She is a board-certified Family Practitioner. The most important people in her life, however, call her Mom.

Contact info:

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